

Outline for “Ride Starting”

(updated Jan 2, 2012)

WPOS.....(We’re Proud of Our Safety)

1. Welcome 2. Plan 3. Organization 4. Safety

Ride Starter: Get volunteers to lead rides before start. Also, scope out where you wish to stage the ride groups with the fastest closest to the road and the leisure ride farthest from the road. Start your pitch at scheduled time of ride. Gather people in so they all can hear you. (Tendency is to spread out on bikes)

1. **Welcome.** “Welcome all!” (Introduce new members. Have someone else handle any guest memberships, so you can continue with your orientation while that is going on.) “Any announcements?”
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2. **Plan.** “Our plan is to break up into ___ groups; then move to staging areas of the parking lot and allow the ride leaders to give details of their rides.”
3. **Organization:** “Today we have ___ rides, distances of 20 to 35 miles based on speed. Ride leaders please raise your hands when identified.” (Number the rides fastest to slowest and announce in that order.)
 1. “_____ will lead a ride at about _____ MPH.”
 2. “_____ will lead a ride at about _____ MPH.”
 3. “_____ will lead a ride at about _____ MPH.”
 4. “_____ will lead a ride at about _____ MPH.”
 5. “_____ will lead a ride at about _____ MPH.”
 6. “_____ will lead a ride at about _____ MPH.”

“We will shortly break up into groups based on those speeds. I am going to spread you out in the parking lot so we can organize and stage the ride groups.”

“Ride leaders when you get your groups together, please go over your planned route, rest stops, rough distance, and speed. Get a head count. If needed, break into 2 or more segments of 15 or less and appoint a sweep for each segment.”

4. **Safety** “Ride leaders before you leave, please provide a short safety reminder appropriate to your ride when you get your group assembled.” (note: This is key to help the ride leader assume responsibility for safety. These reminders also will probably be different for each group and ride.)

Ride Starter: (Now please facilitate the separation into the subgroups: Start with #1:)

- “Group # 1, _____ MPH; led by _____, please move to _____.”
- “Group # 2, _____ MPH; led by _____, please move to _____.”
- etc.

Ride Leader (with individual group)

1. **Welcome.** (Welcome everyone; names if you wish.)
2. **Plan.** “My planned speed is _____, route is _____, distance _____, rest stops _____.”
3. **Organization:** “We need to split into two, so _____ would you please count out 15 and lead the second group at a distance of about 100 yards?” (Appoint sweeps for each.)
4. **Safety.** (Give a brief safety reminder tailored to your group and ride.)